

At Meals We

---

**Help get ready**

*Sit in our chair on time*

**Don't complain**

*Always say "please" and "thank you"*  
**Pay attention when asked to pass items**

*Help little ones*

**DO NOT DISCOURAGE OR EMBARRASS OTHERS**

*Do not participate in unprofitable conversation*

**DO NOT TALK OVER OTHERS**

**Show our appreciation**

Encourage others

*Discuss our ideas*

**let everyone have a turn to talk**

**Don't waste food**

**TAKE CARE OF OUR DISHES**

*Help clean up*