

How to

WASH YOUR HANDS

1. Turn the water on WARM



2. Get a SMALL amount of liquid soap or rub a LITTLE BIT of bar soap on your hands.



3. Rub your hands and work the lather top and bottom, from wrist to finger tip, getting in between EACH finger. If you have dirt stuck under your fingernails, you may need to use a nail pick or clip your nails.



4. Rinse suds off completely, this should take 5-10 seconds. If it takes longer... you probably used TOO MUCH SOAP.



5. Turn water off completely. No dripping water please.



6. Wipe your hands dry with a CLEAN drying towel.

